



BRAD J. KING

Brad King, M.S., MFS, nutritional researcher and bestselling author, is the designer of the Awaken Your Body (Brad King's) Ultimate line of supplements. Effective nutrient supplementation can often be the missing piece to your metabolic puzzle. Brad King's Ultimate supplements and lifestyle recommendations are designed to support and optimize metabolism at the cellular level – resulting in abundant health, energy, and longevity.

BRAD KING'S

# Ultimate Her Energy™

Reduce excess body fat by restoring healthy hormone balance!

## What to expect from this product:

- Reduces excess body fat – especially in the abdominal region
- Supports healthy hormone metabolism
- Partially blocks the negative effects of estrogen on cells
- Neutralizes excess toxins
- Enhances overall liver function, to aid in excess hormone removal
- Preserves and builds lean muscle tissue
- Enhances the body's cellular repair mechanisms
- Facilitates the conversion of a powerful – cancer-promoting – estrogen, to the safer beneficial 2-hydroxy and 2-methoxy estrogens
- Protects breast and uterine cells
- Reduces excess inflammation
- Supports production and longevity of – glutathione (GSH) – one of the body's most powerful antioxidants



If you are a woman over 35, you are probably starting to feel the debilitating effects of what is now referred to as Estrogen-dominance, a condition in which healthful estrogens are pushed out of the way by unhealthy estrogens. New research confirms that hormone metabolism changes with age. By restoring healthy hormone fidelity and reducing unhealthy estrogens, you can once again look, feel and perform in a youthful manner. **Ultimate HER Energy™** is a one of a kind synergistic formulation of naturally proven and scientifically validated herbs, flavonoids, spices and vegetable extracts that work to help you restore hormone balance.

# The Wonderful World of Hormones

Hormones are chemical messengers that control the overall communication of the human body. As we age, we notice a decline in the overall hormonal messages that used to give us abundant health and energy, and we fall victim to the ever-increasing imbalances in our hormonal profiles. The end result is diminished youth, energy, vitality, muscular size and strength, and an expanding waistline.

This is why, although we may weigh the same as in our teen-aged years, things certainly don't look or feel the same. As we lose our lean metabolically active tissues (i.e. muscle), our metabolic rate declines and we accumulate more and more body fat.

Given that men and women have different genetic programs it makes sense (biochemically) that men and women take different approaches to supplementation. This is why nutritional researcher, Brad King created two revolutionary natural hormone modulating formulas designed specifically for men and women: **Ultimate HER Energy™** and **Ultimate Male Energy™**.

## FORMULA:

### Each 2 Capsules Contain:

Citrus Bioflavonoids .....	400 mg
Indole-3-Carbinol .....	150 mg
d-Glucarate .....	100 mg
Quercetin .....	100 mg
Holy Basil ( <i>Ocimum sanctum</i> ) (leaf) (2% Ursolic acid) .....	75 mg
Turmeric ( <i>Curcuma longa</i> ) (root) (95% Curcumin).....	50 mg
Milk Thistle Extract ( <i>Silybum marianum</i> ) (80% Silymarin) .....	50 mg
Broccoli ( <i>Brassica oleracea</i> ) (flore & stalk) (0.1% Sulforaphane) .....	50 mg
Black Pepper Extract 1:5 ( <i>Piper nigrum</i> ) (fruit) (95% Piperin) .....	2.5 mg

Encapsulated in a gelatin capsule (gelatin, purified water) with rice flour and magnesium stearate.

**This product does not contain any: dairy, artificial colours, sugars or additives.**

## SUGGESTED USAGE:

2-4 capsules once or twice a day or as directed by a qualified health professional. Keep out of reach of children.

**Note:** Consult a health care professional if pregnant or nursing.



ALL FORMULAS ARE MANUFACTURER TESTED AND 3<sup>RD</sup> PARTY VERIFIED FOR POTENCY

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For more information and to sign up for Brad's FREE newsletter visit

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