



Sex Essentials®



NON GMO



- Enhance Physical Capacity/Performance
- Support Peripheral Circulation
- Reduce Mental Fatigue
- Enhance Cognitive Function

The ingredients in SexEssentials® can help to improve blood flow to sexual organs and enhance physical capacity and performance:

L-Arginine is a precursor of nitric oxide (NO) in the human body. Insufficient NO levels are thought to be involved in both male and female sexual dysfunction. Higher levels of NO result in increased blood flow, which makes the penile, clitoral and vaginal tissues more sensitive and responsive to sexual stimulation and helps increase the possibility of having a satisfactory erection and reaching orgasm. One study found that postmenopausal women who took L-Arginine experienced heightened sexual response.

Another study involving 77 women of all ages found that after four weeks, 73.5% of the women who took a supplement including L-Arginine experienced greater sexual satisfaction, including heightened desire and clitoral sensation, frequency of intercourse and orgasm, and less vaginal dryness.

Ginkgo biloba is well known for its ability to enhance blood circulation and oxygen flow throughout the body including the sex organs. By increasing blood flow to this area of the body, ginkgo can help to improve sensitivity and sexual response.

Korean Ginseng has been shown to help improve sexual function in both men and women. A randomized, placebo controlled, double-blind crossover trial found that supplementation with ginseng in menopausal women improved sexual arousal, satisfaction and frequency. Studies have also shown clear benefits in men with reported improvements in libido, erectile function and testosterone levels.

Each Capsule Contains:

Medicinal Ingredients:

Korean ginseng (*Panax ginseng*) (root)
(4% ginsenosides)167 mg

Ginkgo biloba (*Ginkgo biloba*) (leaf)

(24% flavone glycosides, 6% terpene lactones) 40 mg

L-arginine (L-arginine hydrochloride) 333 mg

Non-medicinal Ingredients: Vegetarian capsule (cellulose, purified water, silica), microcrystalline cellulose, silica, vegetable grade magnesium stearate (lubricant), *Lycium barbarum*.

Recommended Adult Dose: 3 capsules 2 times daily or as directed by a health care practitioner. Consult a health care practitioner for use beyond 4 weeks.

CODE: 0179-90 veg caps, 0180-180 veg caps NPN: 80026995

